

# INSIGHTFUL MATTERS

## FAMILY COUNSELING PROFESSIONALS

### Authorization for Use or Disclosure of Protected Health Information

#### Client Information

Name: \_\_\_\_\_ Birth date: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
(Last) (First) (Middle Initial)

Address: \_\_\_\_\_  
(Street and Number, City, State, Zip)

Phone: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ E-mail: \_\_\_\_\_

<b>Description of information</b> (Check all that apply)	
<input type="checkbox"/> Assessment/Evaluation	<input type="checkbox"/> Results of Psychological Tests
<input type="checkbox"/> Diagnosis	<input type="checkbox"/> Discharge Summary
<input type="checkbox"/> Entire Medical Record - Only Released to a 3 <sup>rd</sup> Party (Lawyer, Physician, etc.)	<input type="checkbox"/> Treatment Plan History
<input type="checkbox"/> Other (specify): _____	<input type="checkbox"/> Psychotherapy Notes - Only Released to a 3 <sup>rd</sup> Party (Lawyer, Physician, etc.)
<b>Purpose of Disclosure</b> (Check all that apply)	
<input type="checkbox"/> Further mental health care	<input type="checkbox"/> Vocational rehab, evaluation
<input type="checkbox"/> Applying for insurance	<input type="checkbox"/> Legal investigation
<input type="checkbox"/> At the request of the individual	<input type="checkbox"/> Disability determination
<input type="checkbox"/> Payment of insurance claim	
<input type="checkbox"/> Other (specify): _____	

#### Recipient Information

I, \_\_\_\_\_, do hereby authorize Insightful Matters Family Counseling Professionals, Inc.:

(Check all that apply)

- To release my information to the person or facility below.
- To receive my information from the person or facility below.

Name of person/facility releasing/receiving information: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Address: \_\_\_\_\_  
(Street and Number, City, State, Zip)

Date of Authorization: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Authorization to expire on: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

or upon the happening of the following event: \_\_\_\_\_

**Authorization and Signature**

I authorize the release of my confidential protected health information, as described in my directions above. I understand that this authorization is voluntary, that the information to be disclosed is protected by law, and the use/disclosure is to be made to conform to my directions. The information that is used and/or disclosed pursuant to this authorization may be re-disclosed by the recipient unless the recipient is covered by state laws that limit the use and/or disclosure of my confidential protected health information.

\_\_\_\_\_

\_\_\_\_\_

Signature (client)

Date

If signed by a personal representative:

(a) Print your name: \_\_\_\_\_

(b) Indicate your relationship to the client and/or reason and legal authority for signing:

Client is:  Minor  Incompetent  Disabled  Deceased

Legal authority:  Parent  Legal Guardian  Representative of Decease